

What is the Orienteering Summer Series?

The Auckland orienteering summer series events are a great way to get out into the parks of Auckland, experience the sport of orienteering, practise map reading, improve your fitness, and explore areas you may not have visited before.

Run, jog, or walk—you set the pace.

By yourself, in a team, or as a family.

A fun adventure or a competitive challenge.

We provide you with:

- a high quality park orienteering map
- a selection of preset courses

The challenge is—can you plan and follow your best route to visit the points in correct order, taking the least amount of time?

All are welcome to give it a go.

- ✓ Individuals, families, and groups
 - ✓ Kids, students, adults, and seniors
 - ✓ First timers through to competitive athletes
- No previous experience is necessary.

Courses

For each event, course information is provided on the event notice board. Courses vary between events. In general:

- Course One - 6 km to 10 km, Challenging
- Course Two - 4.5 km to 5 km, Challenging
- Course Three - 2.5 km to 3.5 km, Medium
- Course Four - under 2 km, Easy

Additional special courses may be provided at some events.

Please: read the event notice board for information and warnings. Help is available.



Auckland Orienteering Club Inc.

www.orienteeringauckland.org.nz

Email: auckoc@hotmail.com

Phone: 834 8513 or 575 5695

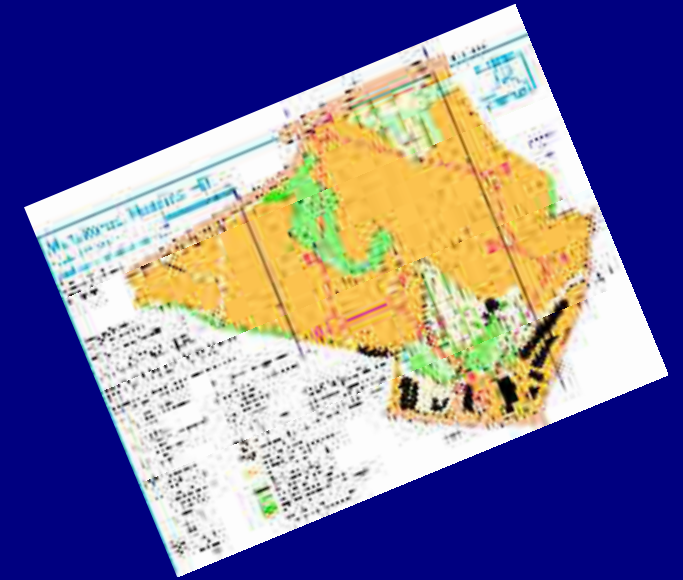
TXT/Mobile: 027 293 2397 or 021 625 940

Auckland Orienteering Club Inc. membership includes:

- ◆ Discounted entry to events
- ◆ NZOF affiliation
- ◆ Subscription to monthly magazine "The Auckland Orienteer"
- ◆ Subscription to quarterly national magazine "New Zealand Orienteering"
- ◆ Use of the club library
- ◆ Club social activities
- ◆ Access to orienteering training sessions
- ◆ Occasional participation in event running
- ◆ Access to training camps

Contact us for more details

The 21st Auckland Orienteering Summer Series



All welcome...

Give it a go!



October 2008 - April 2009

21st Auckland Orienteering Summer Series 2008-2009

October 2008

Wed 29 Auckland Domain
Cricket Grandstand, Grandstand Road
South, off Carlton Gore Rd, Grafton

November 2008

Wed 5 Mt Richmond
1108 Great South Rd, Otahuhu

Wed 12 Western Springs
Western Springs Stadium, Stadium Rd

Sat 15 One Tree Hill *Night Event*
Haydn Avenue, Royal Oak

Thurs 20 Macleans
Eastern Beach car park, The Esplanade
(Southern end), Eastern Beach

Thurs 27 Ambury Regional Park
Ambury Road, Mangere Bridge

December 2008

Tues 2 Cornwall Park, One Tree Hill
Archery car park, Kenneth Myers Drive,
Cornwall Park, One Tree Hill

Tues 9 Panmure Basin
Peterson Rd, off Waipuna Rd, Panmure

Tues 16 Mt Eden
Tahaki Reserve car park,
250 Mt Eden Road, Mt Eden

January 2009

Wed 21 Unitec
Gate 3, Unitec, Carrington Road, Mt Albert

Wed 28 Tamaki—Point England Reserve
Point England Rd, Point England

February 2009

Wed 4 Mangere Mountain
Domain Road, Mangere Bridge

Tues 10 Michaels Ave Reserve
46 Michaels Ave, Ellerslie

Tues 17 Craigavon
Connaught Street, Green Bay

Tues 24 Western Springs
Motions Road, Western Springs

March 2009

Tues 3 Selfs Farm
Tidal Road, Mangere South

Sat 7 Ambury Regional Park *Night Event*
Ambury Road, Mangere Bridge

Tues 10 Auckland Domain
Band Rotunda, Cnr The Crescent and
Football Road, Auckland Domain.

Thurs 19 Lloyd Elsmore Park
Sir Lloyd Drive, Pakuranga

Thurs 26 Big King
Three Kings Plaza car park,
Grahame Breed Drive, Three Kings

April 2009

Thurs 2 One Tree Hill
Haydn Avenue, Royal Oak

Other Orienteering Events

Orienteering events are run year round. Challenge yourself in the forest, farm, and park events. Experience mountain bike-O. Go to the extreme with Rogaine, Sprint or the Championships.

2008

W 22 Oct Colin Lawrie Fields Pukekohe
W 29 Oct Pukekohe hill, Pukekohe
W 5 Nov Show grounds, Pukekohe
W 12 Nov Puni Domain, Pukekohe
W 19 Nov Pukekohe High
W 26 Nov Roosevelt Park, Pukekohe
W 3 Dec Racecourse, Pukekohe
W 10 Dec Bledisloe Park, Pukekohe

2009

W 4 Feb Colin Lawrie Fields Pukekohe
W 11 Feb Show grounds, Pukekohe
W 18 Feb Conifer Grove, Papakura
W 25 Feb Rosa Birch Park, Pukekohe
W 4 Mar Pukekohe High
W 11 Mar Race course, Pukekohe
Th 12 Mar Totara Park, Manurewa
W 18 Mar Roosevelt Park, Pukekohe
W 25 Mar Bledisloe Park Pukekohe
For details see www.cmoc.co.nz

Summer Forest and Farm Orienteering Series

Use your map reading skills to get out and explore some more interesting places/terrain around Auckland not always open to the public. These promotional events are suitable for all levels and help is available. Start anytime between 10am and 12:30pm.

Sun 15 Feb Summer Forest & Farm Series Event 1 (AOC)
Sun 8 Mar Summer Forest & Farm Series Event 2 (CMOC)
Sun 29 Mar Summer Forest & Farm Series Event 3 (CMOC)
Sun 5 Apr Summer Forest & Farm Series Event 4 (NWOC)
See our website www.auckoc.org.nz for details and updates.

Summer Series Fees

Daily Fee :	Adults	Students	Family
Non-members	\$7	\$4	\$14
O Club members	\$5	\$3	\$10

Youth groups: \$30 daily for as many maps as you need.
Please warn us before bringing a large group.
Special rates available for Green Prescription.

Season Ticket :	Adults	Students	Family
Non-members	\$80	\$40	\$160
O Club members	\$60	\$30	\$120

Season Ticket - all 21 AOC summer series events

New Club Membership + Season Ticket* Combo	Adults	Students	Family
	\$95	\$55	\$165
AOC Club Membership	\$65	\$40	\$90

* Limited special offer for new club memberships only

- Start any time between 5:30pm and 6:45pm
- Night events start between 8pm and 9:30pm
- Come along and enter at the campomatic
- Events are not cancelled due to weather
- You do not need a compass
- Bring walking / running gear
- Remember to lock your car
- Follow instructions on notice board
- Help is available—please ask us!